

Community Education & Recreation

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Martin County West Community Education and Recreation

What do we do?

Martin County West Community Education and Recreation offers a variety of programs and activities aimed at enhancing community engagement and promoting lifelong learning. We typically provide educational classes, recreational activities, sports programs, and events for all ages. This may include everything from youth sports leagues and adult fitness classes to arts and crafts workshops and family events. Our goal is to support personal growth, community involvement, and healthy lifestyles.

"Participating in MCW CER has truly transformed my family's life! We've explored various activities, from art classes to sports leagues, and each experience has enriched our lives. The programs not only promote physical fitness but also foster social connections and personal growth. My kids have gained confidence and new friendships, while I've enjoyed learning new skills and meeting fellow community members. It's a fantastic way to engage with our community and make lasting memories together!"

- MCW Alumni & Parent -

Check out SchoolPay today and see what MCW CER has to offer!

Early Childhood Family Education (ECFE)

Early Childhood Family Education (ECFE) will be starting its fall session on October 8. We would love to see all of our pre-school families and any other families in our community with birth to age 5 children coming to our ECFE program. Classes are offered both during the day and the evening. The cost of the program is \$40 and scholarships are available to families that qualify. This is a great opportunity to meet other families in our community, let your children learn and play, and a chance to ask questions of our parent educator. Sessions run for 7 weeks and you can attend as many classes as you'd like!



Registration can be found on SchoolPay with additional details about the program. Watch the MCW CER Facebook page for updates!

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Virtual Workshops Fill October Schedules

Martin County West Community Education and Recreation is excited to partner with LeeAnne Krusemark to offer a great collection of life-long learning opportunities. Classes are offered online through a secure Zoom Education link that will be available to registered students with digital handouts being made available to each participant. LeeAnne is an author, speaker, business owner, Chamber of Commerce Past President and guest instructor at more than 200 colleges and other institutions from Maine to Hawaii, as well as an adjunct online professor of publishing through Ed2Go at more than 2,000 facilities worldwide, including Harvard. Classes are listed below and more information is available on SchoolPay.

The Business Block:

- ♦ Intro to Medical Terminology
- ♦ Make Money Pet Sitting (after school/work)
- ♦ Earn Extra \$Money\$ Mystery Shopping (post-requisite)
- ♦ *MOST POPULAR* How to Start Any Home Business + 250 Home Business Ideas!
- ♦ Make Money with a Virtual Assistant/Word Processing Business (prerequisite)
- ♦ Beginner's Guide to Starting a FREE Blog
- ♦ \$Monetize\$ Websites, Blogs, and Social Media with Affiliate Marketing
- ♦ Save \$Money\$ with Extreme Couponing!

The Writers Block:

- ♦ Beginner's Guide to Using FREE ChatGPT (AI) for Writers
- ♦ Write Your First Novel (in 90 Days!)
- ♦ Be a Better Writer: 10 Easy Tips to Improve Your Writing Now
- ♦ Beginner's Guide to Getting Published
- ♦ Explore 50 Different Self Publishing Options (prerequisite)
- ♦ Comedy Writing: How to Be Funny on Paper and Stage
- ♦ How to Outline and Write Irresistible Romance
- ♦ Introduction to Screenwriting for Television and Movies
- ♦ * BEST REVIEWS * Meet the Agent/Publisher Q&A—Get Your Manuscript Critiqued
- ♦ Using Amazon's Kindle Direct to Self-Publish Your Book for FREE
- ♦ Write a Riveting Mystery, Suspense or Crime Story
- ♦ Explore the World as a Travel Writer
- ♦ Write Your Life Story
- ♦ Writing for Online Blogs, Magazines & Websites



Register on SchoolPay—Scan the code with your phone and it takes you directly to the registration page!

Investment in life-long learning varies from \$25 to \$45 per class.

Internet connection and zoom program (download for free ahead of time) are required and at the participants expense.



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Benefits of Youth Wrestling

Kids wrestling is important because it builds strength, discipline, and resilience. It teaches teamwork and sportsmanship while helping kids improve their physical fitness and coordination. Wrestling also promotes confidence as children learn new skills and face challenges, fostering a sense of achievement that can carry into other areas of their lives.



PRACTICES WILL BE HELD AT BOTH THE SHERBURN ELEMENTARY SCHOOL AND THE FAIRMONT HIGH SCHOOL ON MONDAYS AND THURSDAYS STARTING NOVEMBER 11TH FOR PREK- 6TH GRADE WRESTLERS

PRACTICE TIMES WILL BE:

LEVEL ONE: 6:00-6:45 PM IN SHERBURN - 5:45 - 6:15 IN FAIRMONT - MONDAYS - \$40
LEVEL TWO: 6:00-6:45 PM IN SHERBURN AND 5:45 - 6:30 IN FAIRMONT - MONDAYS AND THURSDAYS - \$70
LEVEL THREE: 6:45 - 8:00 IN SHERBURN - 5:45 - 7:00 IN FAIRMONT - MONDAYS AND THURSDAYS - \$70
\$150.00 FAMILY MAX.

SIGN UP BEFORE OCTOBER 30TH AND RECEIVE A FREE T-SHIRT!

REGISTER ON SCHOOLPAY



DANCE CLASSES

CLASSES START OCTOBER 9TH

WEDNESDAY CLASS TIMES:
3:30 FOR PREK-K
4:30 FOR 1ST-3RD GRADE
5:30 FOR 4TH -6TH GRADE

REGISTER ON SCHOOLPAY

Benefits of Dance

Dance for kids is a great activity! Dance fosters creativity, it builds confidence and promotes physical fitness. Engaging in dance helps children develop coordination and motor skills while encouraging self-expression and social interactions. It's also a fun way to relieve stress and boost your mood!